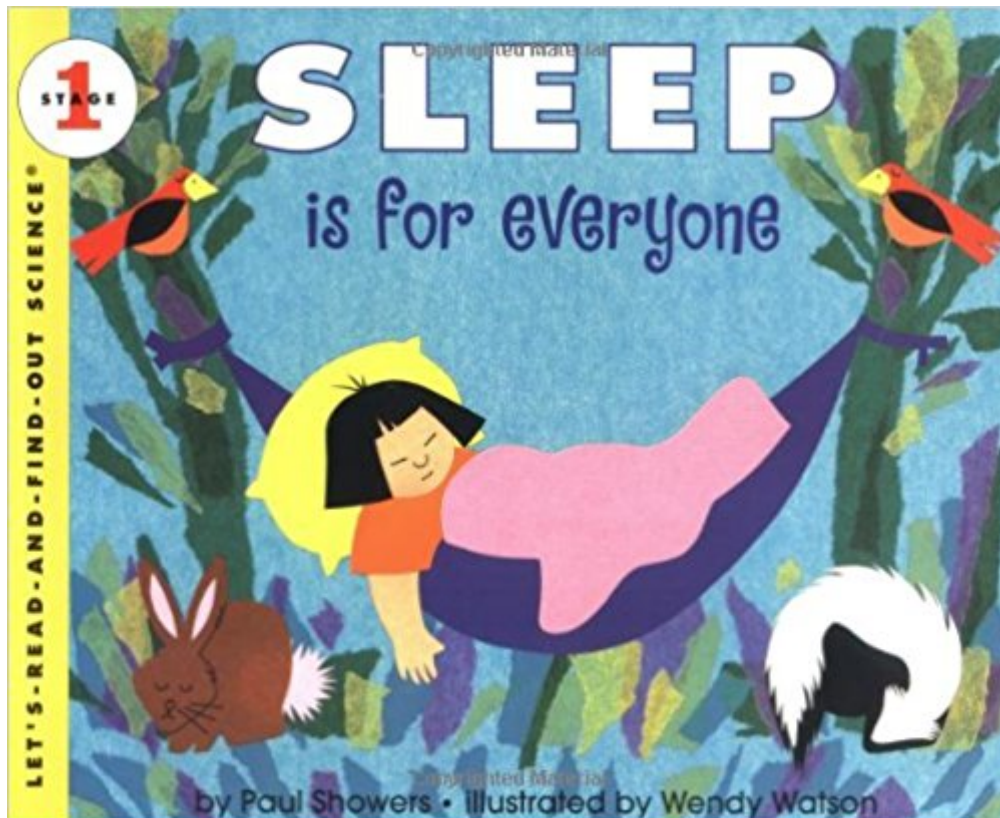




The book was found

Sleep Is For Everyone (Let's-Read-and-Find-Out Science 1)



Synopsis

Why do you get sleepy? When you feel tired, your body is telling you that it needs a rest. Everyone needs sleep. Babies need lots of sleep. Grown-ups need less. But no one can go without sleep for long. A team of scientists stayed awake for as long as they could to see what could happen. Read and find out some wide-eyed facts about the science of shut-eye.

Book Information

Lexile Measure: AD480L (What's this?)

Series: Let's-Read-and-Find-Out Science 1 (Book 1)

Paperback: 32 pages

Publisher: HarperCollins; 1 edition (April 11, 1997)

Language: English

ISBN-10: 0064451410

ISBN-13: 978-0064451413

Product Dimensions: 10 x 0.1 x 8 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 16 customer reviews

Best Sellers Rank: #196,637 in Books (See Top 100 in Books) #147 in [Books > Children's Books > Education & Reference > Science Studies > Biology](#) #761 in [Books > Children's Books > Growing Up & Facts of Life > Family Life > Sleep](#) #1307 in [Books > Science & Math > Technology](#)

Age Range: 4 - 8 years

Grade Level: Preschool - 3

Customer Reviews

PreSchool-Grade 2. A basic look at a necessary activity. Shows describes the sleeping positions of several animals and asks readers to think about their own positions (standing up or lying down) while they sleep. The different amounts of sleep required by humans of various ages are indicated from infant through adult. Comparisons are made between the arms and legs, which can be rested during the day, and the brain, which requires sleep in order to relax. The book briefly shows how sleep deprivation affected a group of scientists, and points out similar responses such as lack of concentration in overtired children or parents. The final pages describe what its like to fall asleep. The bright cut-paper cartoons feature people of all ethnic backgrounds, ages, and genders, set against both daylight and nighttime scenes. This is a thoughtful place to begin learning about bodily

processes or perhaps for parents needing help dealing with bedtime and its importance.?Marsha McGrath, Clearwater Public Library, FLCopyright 1997 Reed Business Information, Inc.

Ages 3^6. Twenty-five years after its first publication, this classic Let's-Read-and-Find-Out Science book has been reissued with a few minor changes in the simple text and with entirely new full-color illustrations. Watson has replaced her original crosshatched ink drawings with big, bright, clear collage-type pictures that show how animals and people sleep and what happens when they don't get their rest. Hazel Rochman --This text refers to an out of print or unavailable edition of this title.

I am an early education teacher and needed books that I could place in my Science Centers. This book should be read to four and five year old children; a lot of good information.

My 2.5 year old son really likes this book, and I think it has helped him calm down a bit about going to bed. I was surprised that he could follow it, but he asks to read it many nights.

My grandkids love these books

We don't know what it is about this book, but 2 1/2 yr old loves it and wants it read /ending odd for young but she loves to listen to it being read..so, as a positive review by a "many books read to toddler " it's a winner..yes she sleeps!

not a big hit

Cute book for my 2 year old granddaughter.

THis book was an age appropriate look into why sleep is important. It has very valuable and useful content without being too complicated for little learners.

Like the other one i bought (on the move)My daughter loves it.it's fun to read and very educational!My 4years old loves it!

[Download to continue reading...](#)

Sleep Apnea Book: Secrets of Sleep Apnea Treatment, Cure, Exercises, Machine and Pillow Advice (Sleep Apnea, Sleep Apnea Books, Sleep Apnea Cure, Sleep ... Sleep Apnea Machine, Sleep

Secre) Sleep Apnea: The Ultimate Guide How To Manage And Treat Your Sleep Apnea (Sleep Apnea Machine, Sleep Apnea Guide, Sleep Apnea Cure, Sleep Apnea Treatment, Sleep Apnea Solution, Book 3) Sleep Is for Everyone (Let's-Read-and-Find-Out Science 1) Insomnia: 84 Sleep Hacks To Fall Asleep Fast, Sleep Better and Have Sweet Dreams Without Sleeping Pills (Sleep Disorders, Sleep Apnea Snoring, Sleep Deprivation, ... Fatigue, Chronic Fatigue Syndrome Book 1) Sleep Apnea: The Most Effective Sleep Apnea Cure: Discover a Sleep Apnea Treatment in 7 Days or Less! (Sleep apnea, anxiety management, insomnia, diabetes, snoring, sleep disorders, respironics) Let's Go Rock Collecting (Let'S-Read-And-Find-Out Science. Stage 2) Sleep Sleep Sleep: Use the Power of Your Subconscious Mind to Sleep Smarter and End Insomnia in Just 21 Days Flash, Crash, Rumble, And Roll (Turtleback School & Library Binding Edition) (Let's Read-And-Find-Out Science (Paperback)) Flash, Crash, Rumble, and Roll (Let's-Read-and-Find-Out Science 2) Flash, Crash, Rumble, and Roll (Let's Read and Find Out Science Series) Flash, Crash, Rumble and Roll (Let's-Read-And-Find-Out Science: Stage 2 (Pb)) Who Eats What?: Food Chains and Food Webs (Let's-Read-and-Find-Out Science 2) Dinosaurs Are Different Book and Tape (Let's-Read-and-Find-Out Science 2) What Is the World Made Of?: All About Solids, Liquids, and Gases (Let's-Read-and-Find-Out Science 2) What Makes Day and Night (Let's-Read-and-Find-Out Science 2) The Sun and the Moon (Let's-Read-and-Find-Out Science 1) Mushrooms and Molds (Let's-Read-and-Find-Out Science Books) Your Skin and Mine: Revised Edition (Let's-Read-and-Find-Out Science 2) Germs Make Me Sick! (Let's-Read-and-Find-Out Science 2) Why I Sneeze, Shiver, Hiccup, & Yawn (Let's-Read-and-Find-Out Science 2)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)